

Proven Designs Proven Results

Manufacturing Home
and Commercial

Fitness Equipment
the Way it should
be made. We have

found there is a
huge need for Heavy
Duty, Simple and

Virtually

Maintenance Free

Designs for use

in many

different

applications.

Old School
Fitness Equipment™
Made in the USA

2010

Product Guide

Manufacturing
Fitness Equipment
The Way it Should
be Made

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www.oldschoolfitnessequipment.com

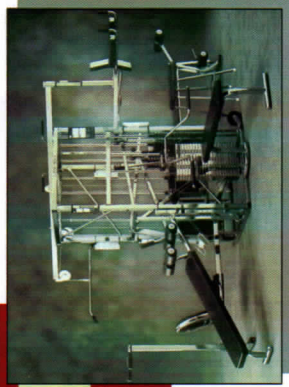
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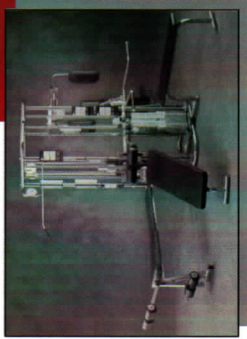
Constantly varies resistance to match the natural advantages and disadvantages of the human body.



10 Station

- 10 Stations
- High Pulley
- Low Pulley
- Chinning
- Dipping
- Hip Flexor
- Leg Press
- Chest Press
- Shoulder Press
- Abdominal Board
- Combination Leg
- Frame Finished with Grey Powder coat
- Individual Cast Iron Weight Stack Plates
- 14' x 16' Approx Dimensions
- Black Vinyl Padded Upholstery

Heavy Duty



8 Station

- 8 Stations
- High Pulley
- Low Pulley
- Chest Press
- Shoulder Press
- Abdominal Board
- Leg Extension
- Leg Curl
- Frame Finished with Grey Powder coat
- Individual Cast Iron Weight Stack Plates
- 13' x 12' Approx Dimensions
- Black Vinyl Padded Upholstery



Leg Press

Provides from 40 to 1,020 lbs of resistance. Develops powerful leg muscles. Varies the weight resistance to accommodate the body's changing leverage during a

- Frame Finished with Grey Powder coat
- Individual Cast Iron Weight Stack Plates
- 21" x 108" Approx Dimensions
- Black Vinyl Padded Upholstery



Chest Press

Develops the Pectoral muscles in addition to the shoulder and upper arm muscles. As your arms push upward, the

- Frame Finished with Grey Powder coat
- Individual Cast Iron Weight Stack Plates
- 51" x 101" Approx Dimensions
- Black Vinyl Padded Upholstery

Virtually Maintenance Free

Hard Core



9 Station

- 9 Stations
- High Pulley
- Low Pulley
- Mid-Pulley
- Chest Press
- Leg Curl
- Leg Extension
- Vertical Chest
- Shoulder Press
- Frame Finished with Grey Powder coat
- Individual Cast Iron Weight Stack Plates
- 8' x 6'6" Approx Dimensions
- Black Vinyl Padded Upholstery

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